



# Notice of Non-Discrimination

CareFirst complies with applicable Federal civil rights laws, and does not discriminate, does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

CareFirst provides the following:

- Free aids and services to people with disabilities to communicate effectively with us, such as:
  - ✓ Qualified sign language interpreters
  - ✓ Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - ✓ Qualified interpreters
  - ✓ Information written in other languages

If you need these services, contact CareFirst at 3805 Meads Creek Rd. Painted Post, NY 14870, **607.962.3100** or **1.800.734.1570**, or email [info@CareFirstNY.org](mailto:info@CareFirstNY.org).

If you believe that CareFirst has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance via:

- **PHONE:** 607.962.3100 or 1.800.734.1570
- **FAX:** 607.962.4300
- **MAIL/IN PERSON:** 3805 Meads Creek Rd. Painted Post, NY 14870

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights via:

- **WEB:** Office for Civil Rights Complaint Portal at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>
- **PHONE:** 1.800.368.1019, (TDD- 1.800.537.7697)
- **MAIL:** U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

ATENCIÓN: Si usted no habla Inglés con fluidez, los servicios de asistencia de idioma, de forma gratuita, están a su disposición. Por favor, póngase en contacto con CareFirst en 3805 Meads Creek Road, Painted Post, New York, 14870 Teléfono: 1.607.962.3100 o 1.800.734.1570, e-mail: info@CareFirstNY.org

注意：如果你不會說英語流利，語言協助服務，免費，是可用的。請聯繫CareFirst，地址為3805 Meads Creek Road, Painted Post, New York, 14870電話：1.607.962.3100或1.800.734.1570，電子郵件：info@CareFirstNY.org

ATTENTION: Si vous ne parlez pas couramment l'anglais, les services d'assistance de langues, gratuitement, sont à votre disposition. S'il vous plaît contacter CareFirst à 3805 Meads Creek Road, Painted Post, New York, 14870 Téléphone: 1.607.962.3100 ou 1.800.734.1570, Email: info@CareFirstNY.org

ВНИМАНИЕ: Если вы не говорите по-английски, переводческие услуги, бесплатно, доступны для вас. Пожалуйста, свяжитесь с CareFirst на 3805 Мидс ручей Road, Painted Post, Нью-Йорк, 14870 Телефон: 1.607.962.3100 или 1.800.734.1570, электронная почта: info@CareFirstNY.org

ATTENZIONE: Se non si parla correntemente l'inglese, servizi di assistenza linguistica, gratuitamente, sono a vostra disposizione. Si prega di contattare CareFirst al 3805 Meads Creek Road, Painted Post, New York, 14870 Telefono: 1.607.962.3100 o 1.800.734.1570, e-mail: info@CareFirstNY.org

making : if ikaw is hindi nagsasalita ng ingles fluently , wika tulong paglilingkod , libreng in katungkulan , magagamit have to inyo . paki pagkalapat carefirst in sapa meads 3805 daan , painted koreo , new york , 14870 telepono : 1.607.962.3100 oh 1.800.734.1570, email : info@carefirstny.org

ATANSYON: Si ou pa pale angle kouraman, lang sèvis asistans, gratis, yo disponib nan ou. Tanpri kontakte CareFirst nan 3805 Meads Creek Road, Painted Post, New York, 14870 Telefòn: 1.607.962.3100 oswa 1.800.734.1570, Imèl: info@CareFirstNY.org

UWAGA: Jeśli nie mówią płynnie po angielsku, Usługi pomocy języka, bezpłatnie, są dostępne dla Ciebie. Proszę skontaktować CareFirst w 3805 Meads Creek Road, Painted Post, New York, 14870 Telefon: 1.607.962.3100 lub 1.800.734.1570, e-mail: info@CareFirstNY.org

주의 : 당신이 영어를 유창하게 구사하지 않는 경우, 무료 언어 지원 서비스, 당신에게 사용할 수 있습니다. 1.607.962.3100 또는 1.800.734.1570, 이메일 : info@CareFirstNY.org 3805 포스트, 뉴욕, 14870 그린 3805 미즈 크릭 도로, 14870 전화에서 CareFirst 문의하시기 바랍니다

ابی ت س دوک آپ چارج، ان ے ک ف ت م خدمات، ی ک مددی ک ان زب و ت ای زاب سی ہ ن ے " ول ب ی زی گ ر ان سے ی روان آپ راگ : وجہ ت ارک ، یوی ن سٹ، و پ نٹ ی پ روڈ، ک یر ک ڈزی م 3805 info@CareFirstNY.org : لی م یا 1.800.734.1570، ای 1.607.962.3100 . سی ہ ن یر ک طہ راب CareFirst ر پ ون ف 14870

দৃষ্টি আকর্ষণ: আপনি অর্ষল ইংরেজি বলরে পানে িা যনদ, ভার্া সহায়ো সসবা, নিখেচা, আপািে িিষ উপলব্ধ. 1.607.962.3100 বা 1.800.734.1570, ইরেইল: info@CareFirstNY.org 3805 Meads জিক সোড, Painted Post, নিউ ইয়র্ক, 14870 স াি এ CareFirst সারে সযার্ারযার্ কর্ি

Attention: ביןע . איר צו בנימצא זענעט, לאאצאא פוט רענאא, טעגנונדפאב הילף שפארש, געשמירן ווי ענגליש רעדט בין טאמן איר אויב 1.800.734.1570 רעדאא 1.607.962.3100: טרינאאפעלען 14,870, יארא ניו, טנאאא דיניי, וועג אריא אדפאעמ 3805 בפייב אריפערפאא אפאנאנאא, וואאאצילב: info@CareFirstNY.org

KUJDES: Nëse ju nuk e flasin rrjedhshëm anglisht, shërbimet e ndihmës gjuhësore, pa pagesë, janë në dispozicion për ty. Ju lutemi të kontaktoni CareFirst në 3805 Meads Creek Road, Painted Post, New York, 14870 Telefon: 1.607.962.3100 ose 1.800.734.1570, Email: info@CareFirstNY.org

ΠΡΟΣΟΧΗ: Αν δεν μιλάτε άπταιστα Αγγλικά, υπηρεσίες παροχής βοήθειας γλώσσα, δωρεάν, είναι στη διάθεσή σας. Παρακαλείστε να επικοινωνήσετε με CareFirst στο 3805 Meads Creek Road, Painted Post, New York, 14870 Τηλέφωνο: 1.607.962.3100 ή 1.800.734.1570, Email: info@CareFirstNY.org

صال الات رحي . ك ل ر ت وف ت ما ك ا، مجانة، ي غو ل ال ساعدة م ال خدمات والة، طلاق بة ي زى ل ج الإ ل م ك ت ت لانت ك إذا : هى ب ن ت دى ب ر ال، 1.800.734.1570 أو 1.607.962.3100: ف هات ال 14870 ورك، يوى ن سٹ، و ب سمت ر ق، يطر ال ك یر ك مادس 3805 ي ف CareFirst ي ت رون ك الإل : info@CareFirstNY.org